



Australian Beef Ambassador Scott Reardon, OAM

Hometown	Temora, New South Wales
Sport	Para-athletics, 100m T42
Past Games	London 2012 Rio 2016
Impairment	Right through-knee limb loss
Career highlights	Winning a gold medal in the men's 100m T42 at the Rio 2016 Paralympic Games Winning a silver medal in the men's 100m T42 at the London 2012 Paralympic Games Order of Australia Medal 2017
Social media accounts	@scottreardo @scottreardo scottreardo

“I eat red meat a minimum of twice a week. Red meat has always been a part of my diet and for me, obviously, protein plays a huge part in recovery. It’s a staple. I’m very lucky to be able to get fresh red meat from Mum and Dad’s farm.”

“I’m a third-generation farmer, and I understand where producers come from and the work that goes into producing an end product. That sheer resilience of being on the farm, knowing that not every year is going to be perfect, because you’re reliant on what comes out of the sky.”

Scott was born and bred in Temora, New South Wales, on his family’s mixed farm where they produce beef, lamb and grain.

At the age of 12, Scott lost his leg in a farming accident. He credits the local community for keeping the farm running so that his parents could support him in hospital after the accident.

Incredibly – and perhaps in a sign of his success to come – he relearned how to walk in just a week and a half. When he returned to sporting activities, the local community again rallied around him and his family, holding fundraisers to ensure he was equipped for competing.

A runner before he lost his leg, Scott took inspiration from watching para-athletes in the Beijing Paralympic Games racing in what would become his event, the 100m T42 for above-knee amputees. This was the catalyst for him relocating to the Australian Institute of Sport in 2009.

After first representing Australia at the 2011 International Paralympic Committee Athletics World Championships in New Zealand, Scott won a silver medal in the men’s 100m T42 at the London 2012 Paralympic Games.

He achieved his first international gold medal in 2013 at the IPC Athletics World Championships in Lyon, France. As the reigning world champion in the men’s 100m T42, Scott won his first gold medal – in record time – at the Rio 2016 Paralympic Games.

Scott is training to represent Australia again, aiming to win back-to-back Gold at the Tokyo 2020 Paralympic Games.